

# A Multidisciplinary Approach to Post-Transplant Lymphoproliferative Disorder (PTLD): Synergy Between Targeted Immunotherapy and Feed The Soul (FTS) Energy Healing as a Complementary Therapy

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## Abstract:

This case report presents the successful management and resolution of Post-Transplant Lymphoproliferative Disorder (PTLD), specifically Diffuse Large B-cell Lymphoma, in a male patient through the integrated use of targeted immunotherapy and Feed The Soul (FTS) Energy Healing. Following a kidney transplant, the patient developed malignant lymphatic growths due to prolonged immunosuppressant use. Because conventional chemotherapy was initially deemed too life-threatening due to the patient's comorbidities and immunocompromised state, a holistic and conservative medical approach was adopted. Over a nearly two-month period, the patient received continuous, structured remote FTS energy healing sessions. This was administered concurrently with a clinical reduction in immunosuppressant medications and four cycles of targeted Rituxan (antibody) therapy. Follow-up imaging and biopsies showed a rapid 20% regression of tumors prior to active medical therapy, followed by a completely clear bone marrow biopsy and successful completion of therapy without the need for high-toxicity chemotherapy. This case highlights the potential of FTS Energy Healing as an effective complementary therapy for complex, high-risk oncological conditions, warranting further investigation through controlled clinical studies.

**Keywords:** Post-Transplant Lymphoproliferative Disorder (PTLD), Diffuse Large B-cell Lymphoma, targeted Rituxan (antibody) therapy, Feed The Soul (FTS) Energy Healing System

## 1 | INTRODUCTION

**Post-Transplant Lymphoproliferative Disorder (PTLD):** Lymphoproliferative disorders represent a large group of complex conditions that cause white blood cells, specifically lymphocytes, to replicate uncontrollably within the body (Markouli et al., 2022). These conditions can manifest as either cancerous or noncancerous growths, and in many instances, the precise underlying trigger remains unknown to medical professionals (Morscio & Tousseyn, 2016). However, in post-transplant patients, the onset is frequently attributed directly to the prolonged use of immunosuppressants, which are necessary to prevent organ rejection but leave the body vulnerable to unchecked cellular replication (Morscio & Tousseyn, 2016). Diffuse B large cell lymphoma is identified as the most common type of post-transplant lymphoma (Morscio & Tousseyn, 2016).

The treatment for PTLD requires a delicate balance to preserve the transplanted organ while fighting the

malignancy (Trappe et al., 2009). The first line of defense often involves the deliberate reduction of immunosuppressants to lower TAC levels, thereby allowing the patient's native immune system to recognize and attack the malignant growths (Trappe et al., 2009). If the response is partial or non-existent, chemotherapy is typically required for a clinical cure (Trappe et al., 2009). The chemotherapy of choice is usually CHOP (four distinct medications) administered over six cycles, though reduced dosages are sometimes utilized for immunocompromised patients to keep side effects to a minimum (Huang et al., 2016). However, for many frail patients, aggressive chemotherapy is not an option as it can be life-threatening (Huang et al., 2016). In these scenarios, targeted immunotherapy, such as Rituxan—a B-cell antibody administered over several cycles—is utilized as a less toxic alternative (Trappe et al., 2009).

**Feed The Soul (FTS) Energy Healing:** Feed The Soul (FTS) Energy Healing is a non-contact healing technique that does not involve medication or physical intervention. It is fundamentally based on the principle that the human body has inherent self-healing capabilities, which can be substantially enhanced by regulating the flow of energy, or prana, within the system. Within this framework, a lack of energy, known as depletion, or an excess of energy, referred to as congestion, disrupts the body's natural harmony and manifests as physical disease. The primary method to address these deep-rooted imbalances is to systematically clean out dirty or stagnant energy and replenish it with fresh, vital energy.

FTS Energy Healing is strictly a complementary therapy and does not aim to replace conventional medical treatments. The healing process in FTS Energy Healing focuses extensively on cleansing and replenishing the body's major energy centers, or chakras. A highly unique and beneficial feature of FTS Energy Healing is its ability to operate remotely, meaning healing sessions can be conducted effectively without physical proximity between the healer and the subject. This modality has previously demonstrated clinical success in treating a wide range of severe physical conditions, including improvements in hemorrhagic cerebral contusions (Gupta et al., 2025), salivary gland stones (Gupta et al., 2025), renal & gallstones (Jain et al., 2025). Also, this modality is not limited to only humans, it is also quite effective in treating animals as shown in (Khalsa et al., 2025). By addressing the energetic blueprints of physical ailments, FTS Energy Healing provides transformative support alongside traditional medical care.

## 2 | CASE PRESENTATION

**Patient Background:** The patient, Vikram Sinha (alias used), presented with an autoimmune issue that had previously impacted his lungs, and a status of being actively on immunosuppressant medications following a kidney transplant. He observed physical lumps located on the side of his throat within the lymphatic system. Initial medical evaluations and subsequent biopsies confirmed that the growth was malignant, resulting in a diagnosis of cancer. The specific pathology was identified as Non-Hodgkin lymphoma, which is a cancer of the white blood cells. Additionally, the patient had pre-existing comorbidities of high blood pressure and diabetes, though both conditions were successfully kept under control through daily medication. Psychologically, the patient remained fine and stable throughout the initial diagnosis, reporting only mild fatigue as a primary physical symptom.

**FTS Energy Healing Intervention:** Upon receiving the diagnosis on July 30, 2024, an expansive FTS Energy Healing intervention was immediately organized by senior healers. To provide continuous, around-the-clock support, a large group of FTS healers was mobilized to perform dedicated service healings.

1. The healers were divided into two primary groups to ensure consistent channelling of Co en
2. Each group committed to a ten-day continuous healing rotation.
3. Daily healing time slots were strictly scheduled at 6 am, 10 am, 2 pm, 6 pm, 10 pm, and 2 am.

This rigorous and structured remote healing protocol was applied continuously to support the patient's energy body and vitality while he navigated his medical treatments.

### 3 | RESULTS

Following the initiation of the FTS Energy Healing sessions and concurrent medical adjustments, the patient demonstrated rapid and significant clinical improvements.

#### **Integrated Timeline of Clinical Milestones & Healing Interventions**

The following table outlines the progression of the patient's medical status alongside the complementary FTS Energy Healing schedule:

<i>Date Phase</i>	<i>Medical/Clinical Milestone</i>	<i>FTS Healing Intervention &amp; Response</i>
<b><i>Initial Diagnosis (July 30–31)</i></b>	Biopsy confirmed malignancy. Preliminary lab results were within limits; TAC level noted at 8.2 ten days prior.	<b>Group 1 Established:</b> 24-hour cycle of healing began across 6 designated time slots. Patient reported feeling "full of gratitude".
<b><i>Response Phase (Aug 1–13)</i></b>	Reduction of immunosuppressants to reach a target TAC of 4.0 to stimulate native immune response.	<b>Symptomatic Relief:</b> By Aug 7, the patient felt the physical lumps were reducing in size.
<b><i>Regression (Aug 13–14)</i></b>	<b>Ultrasound confirmed 20% reduction</b> in tumor size. Specialist confirmed Diffuse B large cell lymphoma diagnosis.	<b>Group 2 Rotation:</b> Intensive healing continued. The regression occurred prior to any targeted antibody therapy.
<b><i>Acute Support (Aug 19–21)</i></b>	Preparation for antibody	

	therapy; patient reported physical stiffness in the neck where lumps were located.	<b>Targeted Healing:</b> Focused sessions continued. The stiffness subsided, and the patient felt better around his neck by Aug 20.
<i>Diagnostic Clear (Aug 22)</i>	<b>Bone Marrow Biopsy results returned negative.</b> No signs of lymphoma were found in the marrow.	<b>Emotional Uplift:</b> Significant relief and gratitude expressed toward the FTS healers for the positive reports.
<i>Active Therapy (Aug 26–Sept 16)</i>	Four cycles of Rituxan (immunotherapy) administered. Doctor confirmed cure would be via immunotherapy, with no chemotherapy needed.	<b>Tolerance Support:</b> Patient completed the first cycle successfully with no reaction. Healing continued through the fourth cycle.
<i>Recovery (Sept 16–19)</i>	Final medical cycle completed. Patient discharged for home-based recovery.	<b>Closure:</b> FTS healing groups were formally dissolved as the patient reached a stable state.

**Symptom Resolution:** Throughout the progression, the FTS healing groups actively managed the patient's acute physical symptoms. On August 19, the patient reported experiencing physical stiffness directly in the neck area where the malignant lumps were located. The FTS healers continued their scheduled distance interventions, and by the following morning, the patient provided feedback that he was feeling significantly better around his neck, with the localized stiffness resolving.

**Final Follow-Up and Clinical Clearance:** On August 22, 2024, a comprehensive bone marrow biopsy was conducted to stage the disease. The reports returned completely clear, indicating "All Good" with absolutely no signs of lymphoma infiltrating the bone marrow. Following this highly positive result, the patient underwent his scheduled targeted antibody therapy (Rituxan) in the hospital starting August 26. The medical team confirmed that because of his rapid improvement and tumor regression, the condition would be cured entirely with immunotherapy, and there would be absolutely no need for high-risk chemotherapy. The patient completed his final cycle of therapy by September 16, 2024, achieving clinical

stability.

#### 4 | DISCUSSION

This case report presents a remarkable instance where FTS Energy Healing was seamlessly integrated with conventional oncology to address a highly complex and dangerous health challenge. PTLD in transplant patients poses a severe therapeutic dilemma, as the treatments required to eradicate the lymphoma often threaten the survival of the transplanted organ or the life of the frail patient.

The observed 20% reduction in the tumor size within just two weeks of integrating FTS Energy Healing with a reduction in immunosuppressants suggests a powerful synergistic effect. While the lowering of TAC levels scientifically allowed the native immune system to engage the tumors, the continuous application of FTS Energy Healing likely accelerated the body's cellular repair mechanisms, optimized immune function, and helped clear the energy congestion surrounding the lymphatic system. Furthermore, the patient's ability to undergo Rituxan therapy with excellent tolerance and no reported severe side effects may be attributed to the continuous energy healings provided by the scheduled healers.

The combination of distance FTS Energy Healing, strong patient psychological stability, and precision medical adjustments created an optimal environment for healing. By addressing the energetic root of the disease while medical science addressed the biological manifestation, the patient achieved a complete turnaround without resorting to destructive chemotherapy.

**Future Research Directions:** Further research, including larger-scale clinical studies with robust control groups, is necessary to establish a stronger evidence base for the efficacy of FTS Energy Healing in managing complex oncological conditions like PTLD. Investigating the specific physiological mechanisms through which remote energy healing modulates the immune system and reduces tumor burden is crucial. Exploring the standardized potential of combining energy healing with conventional targeted therapies to eliminate the need for toxic chemotherapy is highly warranted.

#### 5 | CONCLUSION

This case report provides compelling preliminary evidence suggesting the immense benefits of FTS Energy Healing when addressing life-threatening health conditions such as Post-Transplant Lymphoproliferative Disorder. The complete avoidance of chemotherapy and the rapid stabilization of the patient highlight the importance of exploring holistic and complementary therapies. Integrating Feed The Soul energy healing techniques as an active adjunct to conventional medical care offers a transformative path toward safer, faster, and more comprehensive patient recovery.

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#### No Conflict of Interest

The authors declare no conflicts of interest.

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